

Chetham's School of Music - Lunch

Sample Menu Week

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup Of The Day	Soup Of The Day	Soup Of The Day	Soup Of The Day	Soup Of The Day	To Start	Choice Of 5 Cereals  Fruit Juice Apple Or Orange  Fresh Fruit  Brown Or White Toast Jam, Marmalade, Honey, Flora And Butter  Full English Breakfast Bacon Sausage Quorn Sausage (V) Baked Beans (V) Hash Browns (V) Black Pudding Fried Bread Button Mushrooms (V) Grilled Tomato (V) Scrambled Egg (V)  Tea, Coffee Or Hot Chocolate  Or Continental Bar Assorted Cheeses, Meats And Breads  Ready Made Sandwich Selection  Natural Yoghurt With Fruit Coulis, Nuts And Dried Fruit
Broccoli (V)	Mushroom (V)	Cauliflower (V)	Yellow Split Pea (V)	Celery (V)	Cheesy Nachos And Dips (V)	
Main Course	Main Course	Main Course	Main Course	Main Course	Pizza Bar	
Beef Fajitas	Lamb And Apricot Casserole	Lemon Chicken	Roast Silverside Of Beef With Yorkshire Pudding	Battered Fillet Of Fish, Served With Homemade Tartare Sauce	Pepperoni Pizza	
Vegetarian	Vegetarian	Vegetarian	Vegetarian	Vegetarian	Vegetarian	
Roasted Vegetable Fajitas (V)	Moroccan Stuffed Pepper With Quinoa (V)	Chickpea Curry (V)	Goats Cheese, Rocket And Spinach Strudel (V)	Vegetable Paella (V)	Margarita Pizza (V)	
Chefs Choice	Chefs Choice	Chefs Choice	Chefs Choice	Chefs Choice	Chefs Choice	
Vegetarian Toad In The Hole (V)	Cheese And Tomato Melt (V)	Corned Beef Hash	Pangasius Fillet On Chickpea Stew	Chicken And Bacon Panini	Baked Penne With Cherry Tomatoes, Ricotta And Spinach (V)	
Potato And Vegetables	Potato And Vegetables	Potato And Vegetables	Potato And Vegetables	Potato And Vegetables	Potato And Vegetables	
Jacket Wedges Soured Cream Guacamole Salsa Mixed Salad	Lemon Couscous Roasted Root Vegetables Sautéed Leeks And Mushrooms	Turmeric Potatoes Sweetcorn Green Beans	Roast Potatoes Baton Carrots And Parsnips Broccoli	Chips Garden Peas Mushy Peas	Curly Fries Coleslaw Mixed Salad	
Dessert	Dessert	Dessert	Dessert	Dessert	Dessert	
Lemon Drizzle Cake OR Yoghurt Bar OR Cheese And Biscuits	Cherry Flapjack OR Yoghurt Bar OR Cheese And Biscuits	Syrup Sponge And Custard Or Yoghurt Bar OR Cheese And Biscuits	Apple Pie And Custard OR Yoghurt Bar OR Cheese And Biscuits	Creamy Rice Pudding OR Yoghurt Bar OR Cheese And Biscuits	Jam Doughnuts OR Yoghurt Bar OR Cheese And Biscuits	



Served Daily – Fresh Salad Selection, Fruit Bar And Selection Of Freshly Made Bread

We understand that food allergies can present a serious concern for some of our customers.

If you would like information on the allergen content of our foods, please speak to a member of staff who will be happy to assist.

Chetham's School of Music – Dinner

Sample Menu Week

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup Of The Day	Soup Of The Day	Soup Of The Day	Soup Of The Day	Soup Of The Day	To Start	To Start
Red Lentil (V)	Parsnip (V)	Roasted Red Pepper (V)	Corn Chowder (V)	Green Pea (V)	Creamy Garlic Mushroom En Croute (V)	Caesar Salad (V)
Main Course	Main Course	Main Course	Main Course	Main Course	Main Course	Main Course
Caramelised Onion Pork Steak	Thai Fish Cake With Sweet Chill Sauce	Beef Bourguignon	Grilled Lamb Sausage With Minted Mash	Beef Lasagne	Lamb And Rosemary Pie	Roast Chicken Leg With Sage And Onion Stuffing
Vegetarian	Vegetarian	Vegetarian	Vegetarian	Vegetarian	Vegetarian	Vegetarian
Hummus Chickpea Burger (V)	Vegetarian Sausage Wellington (V)	Mushroom Stroganoff (V)	Quorn Sausage With Onion Gravy (V)	Chunky Vegetable Lasagne (V)	Chilli Bean Cake (V)	Butterbean And Vegetable Hot Pot (V)
Jacket Potato And Pasta Bar	Jacket Potato And Pasta Bar	Jacket Potato And Pasta Bar	Jacket Potato And Pasta Bar	Jacket Potato And Pasta Bar	Jacket Potato And Pasta Bar	Hot Snack
Three Cheese Sauce (V)	Spicy Italian Sauce (V)	Tomato And Basil Pasta Sauce (V)	Salmon And Broccoli Pasta Sauce	Puttanesca (V)	Macaroni Cheese (V)	Vegetable Omelette With Spinach Salad (V)
Potato And Vegetables	Potato And Vegetables	Potato And Vegetables	Potato And Vegetables	Potato And Vegetables	Potato And Vegetables	Potato And Vegetables
Boulangere Potatoes Braised Onions Ratatouille	Half Baked Jackets Thai Spiced Stir Fried Vegetables Broccoli	Steamed Rice Carrots Cauliflower Florets	Minted Mash Garden Peas Grilled Tomatoes	Garlic Ciabatta Coleslaw Tomato And Basil Salad Mixed Leaf Salad	Herb Diced Potatoes with Onion Green Beans Cauliflower	Roast Potatoes Broccoli Mashed Carrots And Swede
Dessert	Dessert	Dessert	Dessert	Dessert	Dessert	Dessert
Fruit Tart And Cream OR Yoghurt Bar OR Cheese And Biscuits	Fruity Oaty Crumble And Custard OR Yoghurt Bar OR Cheese And Biscuits	Raspberry Trifle Pots OR Yoghurt Bar OR Cheese And Biscuits	Rocky Road OR Yoghurt Bar OR Cheese And Biscuits	Fairy Cakes OR Yoghurt Bar OR Cheese And Biscuits	Choc Ice OR Yoghurt Bar OR Cheese And Biscuits	Double Choc Chip Shortbread OR Yoghurt Bar OR Cheese And Biscuits



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